

CULINARY HISTORIANS OF NEW YORK

FISH ON FRIDAY: HOW FISH EATING CHANGED HISTORY

by

Brian Fagan

Monday, March 13, 2006

Various religious doctrines have influenced societies' food patterns for millennia, and none quite as much as Christian Lenten fasting for more than 1500 years. The demand created a huge fishing industry in medieval Europe that led eventually to the discovery of North America where there may have been English fishers off the coast as early as 1480.

Author Brian Fagan will take us on a fascinating excursion into the byways of history, the symbolism of fish in early Christianity and the diets of monastic communities, and the history of fish preservation. He will also give a brief insight into changing fish cookery since Roman times.

ABOUT THE LECTURER:

Brian Fagan is an archaeological writer and Emeritus Professor of Anthropology at the University of California, Santa Barbara. His many books about archaeology and history include *The Rape of the Nile*, *The Adventure of Archaeology*, *The Little Ice Age*, and *Fish on Friday: Feasting, Fasting, and the Discovery of North America*

ABOUT THE LOCATION:

South Street Seaport Museum was founded in 1967 to interpret the history of New York as a world port, highlighting the South Street area and the tremendous contribution of maritime enterprise to the economic, social and cultural heritage of the City, the state and the Nation.

**Location: South Street Seaport Museum, Melville Gallery
213 Water Street between Fulton & Beekman (near the former Fulton Fish Market)**

Directions: Subways: 2,3,4,5 or J,Z,M to Fulton St; A, C to B'way-Nassau St.
Bus: M15 down 2nd Ave to the Seaport

Reception: 6:30pm Lecture: 7:00pm

Coming up: April 3 *The History of Spices and Medieval Culinary Aesthetic* with Paul Freedman
June 7 *Dining with Don Quixote: a Spanish Culinary Tour* with Janet Mendel

For up-to-date information click on "events" at www.CulinaryHistoriansNY.org

Please mail in reservations by March 8th

"Fish on Friday"

Name _____ Tel _____

Email _____

Members \$25 _____ Senior and Student Members \$22 _____ Guests \$35 _____

Please make checks payable to Culinary Historians of New York and send to
Linda Pelaccio, 80 Wooster Street, NY, NY 10012 212-334-1061