

Culinary Historians of New York presents
in association with the National Arts Club's Culinary Arts Committee

"Dates in Medieval Baghdad: Sweet Eats to Heady Drinks"
with **Nawal Nasrallah**

Monday, May 5, 2008
8:00 pm

Join Professor Nawal Nasrallah for an illuminating illustrated lecture about the ways in which medieval Baghdadi cooks and wine makers exploited the humble date.

A wide variety of date palms have been cultivated in Iraq from time immemorial, with practically every part of the tree being put to use. Dates in particular were prized for their versatility, from flavoring stews to preparing delectable desserts. Despite conflicting views on consuming alcoholic drinks in the Islamic world, dates were also made into heady wines and balsamic-like vinegar. The reception will feature some of these date-based treats.

Nawal Nasrallah, a native of Iraq, was a professor at Baghdad and Mosul Universities teaching English literature and language. Of her culinary books, *Delights from the Garden of Eden: A Cookbook* (Authorhouse, 2003) has received the Gourmand World Cookbook Special Jury Award, and her translation of *Annals of the Caliphs' Kitchens: Ibn Sayyar al-Warraq's Tenth-Century Baghdadi Cookbook* (Brill, 2007) is short-listed for Best Arab Cuisine and Best Translation in the 2007 Gourmand World Cookbook Awards. She has given numerous presentations and demonstrations on Iraqi cuisine, ancient, medieval, and modern.

Location:

National Arts Club
15 Gramercy Park South (between Park Avenue South and Irving Place)
New York, NY 10003

Time:

7:30 pm Check-In and Reception | 8:00 pm Lecture [Please note 8:00 start time!]

Fee:

\$40 Non-Members and Guests | \$25 CHNY Members | \$22 Student & Senior Members

Save the date(s):

June (date TBA): Elizabeth Simms, recipient of the 2006 Amelia Scholar's Grant

For further information, see <http://www.culinaryhistoriansny.org/events>

PLEASE RESERVE BY MAY 2.

"Dates"

Click here to buy tickets securely online: <http://www.brownpapertickets.com/producer/7199>

Or, to pay by check, please complete this form and send with check payable to:

Culinary Historians of New York
150 East 93rd Street #10B
New York, NY 10128

Name _____

E-mail _____ Tel _____

Non-Members/Guests \$40 ____ | CHNY Members \$25 ____ | Senior/Student Members \$25 ____